

# Seahawks Weekly

Volume 1, Issue 3

October 12, 2005



**Inside:**

<b>NFL United Way Hometown Huddle</b>	<b>2</b>
<b>Staples Recycle for Education</b>	<b>2</b>
<b>NFL High School Tuesdays Recap</b>	<b>2</b>
<b>30th Season All-Time Team</b>	<b>3</b>
<b>High School Coach of the Week</b>	<b>3</b>
<b>NFL Awards PAL \$14,000 Grant</b>	<b>3</b>
<b>Player Charity Ticket Program</b>	<b>3</b>
<b>Stats for Kids</b>	<b>3</b>

## Seahawks to Award \$25,000 in Grants

Kirkland, Wash.—The Seattle Seahawks and NFL Charities will award \$25,000 in grants to support student-initiated community service projects.

Through the Seahawks Jr. Community Quarterback Award, high school and college students (ages 13-21) can apply for grants up to \$5,000. Students ages 13 and under can apply for the Seahawks Student All Star Program and small



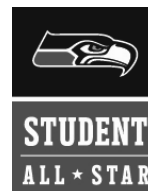
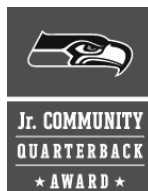
Taylor Shoecraft was recognized for her leadership and volunteer work with Empowering Youth & Families Outreach

level grants of up to \$300.

All students in the state of Washington interested in making a difference in their community are invited to apply.

The Seahawks Jr. Community Quarterback Award will honor those students who exemplify leadership, dedication, creativity, and a commitment to improving the communities in which they live through volunteerism.

Now in its third year, the Seahawks Student All Star Program's goal is to



promote community investment and volunteerism in students.

For more information, eligibility standards and to download applications visit [www.Seahawks.com](http://www.Seahawks.com) and click on the Community section.



With a grant from the Student All-Star Program, Yelm students created quilts to raise funds for Dollars for Scholars

## Community Calendar

Wed. October 12	Thurs. October 13	Fri. October 14	Sat. October 15	Sun. October 16	Mon. October 17	Tues. October 18
			Sea Gals @ Chances For Children Gala 7:30-9:30 p.m.	Seahawks vs. Texans on ESPN Sunday Night Football, 5:30 p.m. PT		LB Isaiah Kacyvenski @ Pro Shop, 6-7 p.m.
			Dir. of Fan Development Kevin Griffin will present check to PAL in Boise, ID for flag football program			United Way Hometown Huddle @ Garfield Community Center
						Walter Jones @ Alderwood Macy's, 6-7 p.m.
						Ken Hamlin @ Downtown Macy's, 6-7 p.m.

### Seattle Seahawks Corporate Communications

Suzanne Lavender, Director of Corporate Communications  
Jeremy Young, Communications Assistant

[suzannel@seahawks.com](mailto:suzannel@seahawks.com)  
[jeremy@seahawks.com](mailto:jeremy@seahawks.com)

206-730-7549  
425-893-5146

# NFL United Way Hometown Huddle

Kirkland, Wash.—The Seattle Seahawks annual NFL United Way Hometown Huddle project will take place at the Garfield Community Center in Seattle on Tuesday, October 18.

Representatives from the Seahawks, First and Goal Inc. and Qwest Communications will clean and enhance the park grounds around the Garfield campus and the Teen Life Center.

Volunteers' jobs will include weeding flower beds and

pots, removing overgrown grass and debris from walkways, sweeping stairs, and laying new bark. Everything will be done to enhance the location's appearance.

There will be two sessions during the day. Qwest has committed over 40 employees for the afternoon session. Prior to joining the workforce they will attend a United Way Kick-off Luncheon for Qwest employees. Seahawks quarterback and United Way spokesman Matt Hasselbeck will serve as the keynote speaker.



The NFL and the United Way have a long standing partnership and together positively impact the lives of children, low-income families and the elderly. But once a year, NFL teams join forces with United Way on a single day for the annual Hometown Huddle. During this national day of community service, NFL heroes from each of the 32 NFL teams put down their shoulder pads and pick up a paintbrush, box of canned goods or a spatula to lend aid and assistance to members of their communities. More than 300 players, team representatives and their families interact with approximately 3,000 United Way agency recipients during Hometown Huddle events held coast to coast.

## Staples Recycle for Education

Seattle, Wash.—The Seattle Seahawks and Staples have teamed up to clean up the earth.

Schools within a 50-mile radius of Qwest Field can sign up today to win \$5,000 and a visit from a Seahawks player.

For every eligible printer cartridge schools collect Staples

will donate \$3. The school that collects the most ink cartridges before November 6 will win.



It's easy, it's good for your school and good for the earth. Have your school administrator or parent-teacher sign your school up today.

Hometown Huddle Schedule	
Morning Session	9 a.m. to 12 p.m.
Lunch	
Afternoon Session	1 p.m. to 4 p.m.

## Stanwood HS Enjoys NFL High School Tuesday

Kirkland, Wash.—Stanwood High School students received a memorable visit from Seahawks defensive backs Jordan Babineaux and Kelly Herndon and Sea Gal DeAnna, Tuesday, October 4, as part of NFL High School Tuesdays.

During the visit Babineaux, Herndon and DeAnna presented the school's administration staff and head football coach with gifts from the Seahawks and posed for pictures with the administration, student body president, and the football and cheerleading captains. They also visited

three classrooms and talked with students about the importance of education, staying healthy and fit and how doing your best will lead to success.

Stanwood Vice Principal Christine Gruver and Head Football Coach Richard Abrams were very appreciative of NFL High School Tuesdays and the Seahawks for taking the time to visit their students.

"The NFL High School Tuesday program was a rewarding experience for our students. As an administrator, I appreciated the athletes



speaking about the importance of education," Gruver said.

"The Spartan football team and coaching staff would like to thank

the Seahawks for making Tuesday a special day at our school. The players were inspired by the messages brought by Kelly Herndon and Jordan Babineaux," Abrams added.

Students nationwide submitted entries on NFLHS.com to win a visit from an NFL player as part of the NFL's annual NFL High School Tuesdays contest.

## Fans Vote for 30th Season

### All-Time Team

Kirkland, Wash.—Now through November 6, Seahawks fans may vote for the Macy's 30th Season All-Time Team at participating Macy's locations. Players eligible have played 64 games or started 40 games or made a Pro Bowl appearance for Seattle since 1976.

A team of 24 position players, one coach and three write-ins will be selected and announced November 13 during the St. Louis Rams game at Qwest Field.

Seahawks players will make appearances promoting the voting.

**Oct 18:**

**Walter Jones 6-7 p.m.**

*Macy's Alderwood Mall*

**Ken Hamlin 6-7 p.m.**

*Macy's Downtown Seattle*



## High School Coach of the Week

Kirkland, Wash.—Franklin-Pierce High School's Howard Lutton has been named NFL High School Coach of the Week presented by Sterling Savings Bank, as voted by the Washington State Coaches Association for Week 6.

Lutton coached the Tacoma school to a 21-7 victory over 3A power White River High School on October 7 to improve the

team's record to 5-1 overall and 2-1 in Seamount League Play.

This year marks the tenth year the NFL has honored Washington State high school coaches. Each winner receives a \$100 savings bond from Sterling Savings Bank, a \$1,000 grant and, at the end of the season, one coach will receive the Jim Ennis Award for High School Coach of the Year.

## NFL Awards \$14,000 Grant to PAL

Kirkland, Wash.—The NFL and the Seattle Seahawks will present the Meridian Police Activities League (PAL), located outside of Boise, Idaho with a \$14,000 grant on October 15.

The grant which was applied for via the NFL Youth Football Fund will be used to expand the PAL's programs to include flag football.

The Meridian PAL, is a local chapter of the National Police Activities League and is sponsored by the Meridian Police Department. PAL is a youth crime prevention program that utilizes educational, athletic and recreational activities to create trust and understanding between police officers and youth.

## Player Charity Ticket Program

Kirkland, Wash.—The following Seattle Seahawks players donate 20 tickets to each home game so those Seahawks fans that may not normally be able to attend, can come root on their favorite team.

**Player:**

**Alex Bannister** *A.B.'s Royal T*

**Andre Dyson** *Dyse Pack*

**Bobby Engram** *Bobby's Bunch*

**Kelly Herndon** *Kelz Angelz*

**Walter Jones** *Big Walt's Crew*

**Jerramy Stevens** *Stevens Soldiers*

**Marcus Tubbs** *Tubbs Tenacious Tacklers*

**Received Tickets vs. Arizona (9/25):**

*Rainer Vista & White Center Boys & Girls Club*

*Hutch School & Camp Goodtimes/American Cancer Society*

*Odessa Children's Clinic & Ronald McDonald House*

*Epilepsy Foundation NW & Kirkland Teen Center*

*Seahawks Leadership Academy*

*VA Hospital*

*Susan G. Komen Breast Cancer Foundation*

## Stats for Kids

Kirkland, Wash.—Throughout the football season, there are a number of ways in which players can benefit local charities by raising their level of performance on the field. Programs have been developed that team charities with sponsors who donate money based on game day performances. After just four games in 2005, the Seahawks are making a difference.

**2005 Stats for Kids**

*Winning for Your Community Presented by Your Northwest*

*Ford Stores benefiting the United Way \$6,600*

*First Down For Kids benefiting the Boyer Children's Clinic \$5,782*

*Runs For Their Future benefiting Seahawks Leadership Academy \$9,375*

*Touchdown For Charities benefiting Big Brothers Big Sisters \$3,750*

*Special Kicks benefiting Camp Fire USA \$66,353*